

Ubah Medical Academy

May 2019

HOT LUNCH

Prices: Student - No Charge, Adults - \$5.00

SERVED DAILY

Regular Entrée
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
		1st	2nd	3rd
		Chicken Strips Mashed Potatoes & Roll Salad, Fruit, Milk	Seasoned Tilapia Yellow Rice Salad, Veggies, Fruit, Milk	No School
6th	7th	8th	9th	10th
Chicken Patty Sandwich Salad, Veggies, Fruit, Milk	Beef & Cheese Nachos Pinto Beans Salad, Fruit, Milk	Cheeseburger Potato Wedges Salad, Fruit, Milk	Chicken Tandoori Steamed Rice Salad, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk
13th	14th	15th	16th	17th
Chicken Strips Mashed Potatoes & Roll Salad, Fruit, Milk	Seasoned Tilapia Yellow Rice Salad, Veggies, Fruit, Milk	Beef Gyro w/ Pita Cucumber Sauce Salad, Veggies, Fruit, Milk	Chicken Patty Sandwich Baked Beans Salad, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk
20th	21st	22nd	23rd	24th
Beef & Cheese Nachos Pinto Beans Salad, Fruit, Milk	Seasoned Chicken Leg Steamed Rice Salad, Veggies, Fruit, Milk	Cheeseburger Salad, Veggies, Fruit, Milk	Chicken Strips Mashed Potatoes & Roll Salad, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk
27th	28th	29th	30th	31st
No School	Chicken Tandoori w/ Steamed Rice Salad, Veggies, Fruit, Milk	Beef Gyro w/ Pita Cucumber Sauce Salad, Veggies, Fruit, Milk	Chicken Patty Sandwich Potato Wedges Salad, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk

BREAKFAST

Prices: Student - No Charge, Adults - \$2.00

SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana
 Fruit Juice - Apple, Grape OR Orange
 Variety of Milk, including Skim

French Toast w/ Syrup Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Pancake w/ Syrup Fruit, Juice, Milk	Assorted Muffins Fruit Yogurt Fruit, Juice, Milk	Waffle w/ Syrup Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment

“Healthy Food, Healthy Message”

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 952-540-2945 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com